



Bio-data

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Designation: Retd. Assistant Director of AYUSH, Pune region, Pune and Ex HoD, Ayurved Research Department, Sassoon General Hospital, Pune

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Languages known: Marathi, Hindi, English and Sanskrit.

Educational Qualification:

B.A.M.S. (1990), **M.D. (Manovigyan-Manasrog)** -1995, **Ph D (Kayachikitsa)**-2017."Evaluation of Ayurvedic management of Chronic Renal Failure" under M.U.H.S., Nashik.Received prestigious **Gold medal** for Ayurved research (Ph.D level).

I have more than 28 years of Clinical experience in Ayurved & 15 years of administrative experience as R.M.O./ HOD Ayurved Department, Sassoon Hospital, Pune. & Assistant Director Ayurved Nagpur/Pune.

Publications:-

- 1) *Role of Ayurvedic treatment in the management of Diabetes –* Aryavaidyan, Vol. XXII, No.4 May- July, 2009.202-205
- 2) *Use of Pinak in the treatment of Scorpion stings –*Global Ayurveda Vol V, No.2, Jun-Jul, 2009.34-38
- 3) *Effect of Ayurvedic treatment on Trophic ulcers in Leprosy - A Comparative Clinical trial -*Aryavaidyan, Vol. XXIII, No.3 Feb- Apr 2010: 139-143
- 4) *Editorial: Integration of AYUSH in Modern system of Medicine- E journal -* Rasamruta; Aug, 2013 <http://www.rasamruta.com/2013-article11.php>
- 5) *Study of Role of Raktabasti in Chronic Renal Failure/ ESRD- E journal -* Rasamruta; Feb 2014 <http://www.rasamruta.com/2014-article9.php>
- 6) *Role of Ayurvedic treatment in the management of Prostate enlargement.* Deerghayu International. Vol.30 (120). Oct-Dec 2014: 308-313
- 7) *Review article on Chronic Renal Failure E journal -*Rasamruta; Nov 2016 <http://www.rasamruta.com/article.php?q=137>
- 8) *Effect of Ayurvedic treatment on successful outcome of pregnancy in a case of Bicornuate uterus: A case study E journal -* Rasamruta; Dec 2016 <http://www.rasamruta.com/article.php?q=235>
- 9) *Ayurvedic management of Chronic Renal Failure- A non randomized clinical trial .*Indian Journal of Applied Research, Vol 7 (8) Aug 2017:88-94 <https://wwjournals.com/index.php/ijar/article/view/10104/10039>
- 10) *Ayurvedic management of Extensive Post operative Wound- A case study.* Indian Journal of Applied Research, Vol 7 (8) 2017: 638-640 <https://wwjournals.com/index.php/ijar/article/view/10281/10216>

- 11) ***Ayurvedic management of extensive infected snakebite wound preventing amputation-a case study.*** International J Ayu Pharm Chem Vol. 7, (2,) 2017:1-8
<http://oaji.net/articles/2019/1791-1548347100.pdf>
- 12) ***Ayurvedic management of Anemia in Chronic kidney disease- A clinical trial***
International J Ayu Pharm Chem Vol. 7, (2),2017:270-283
<http://oaji.net/articles/2019/1791-1549127205.pdf>
- 13) ***Effect of successful outcome of Ayurvedic treatment of Trigeminal neuralgia: A case study.***Journal of Medical sciences and Clinical research. Vol.5 (9) Sep 2017 : 27488-27492 <http://jmscr.igmpublication.org/v5-i9/22%20jmscr.pdf>
- 14) ***Ayurvedic management of Severe Open paediatric Head injury- A case study***
Indian Journal of Applied Research, 7 (10) 2017:40-42
<https://wwjournals.com/index.php/ijar/article/view/336/330>
- 15) ***Comparative cost analysis of CKD patients on Ayurvedic treatment and Conventional treatment.*** International Journal of Current Advanced Research Sep 2017. 6 (9): 6061-65 <https://journalijcar.org/sites/default/files/issue-files/3745-A-2017.pdf>
- 16) ***Suicides are preventable: Multipronged approach needed.*** Ayurvediya. Jan 2018: 8-12
- 17) ***Comparative analysis of Quality of Life in CKD subjects before and after Ayurvedic treatment .***Ind J Appl Res. Jan 2018. Vol.8 (1):321-324
[https://www.worldwidejournals.com/indian-journal-of-applied-research-\(IJAR\)/recent_issues_pdf/2018/January/January_2018_1514972540_121.pdf](https://www.worldwidejournals.com/indian-journal-of-applied-research-(IJAR)/recent_issues_pdf/2018/January/January_2018_1514972540_121.pdf)
- 18) ***Effective Ayurvedic management of Diffuse Axonal Injury following severe head injury- A Case study.*** J Med Sc. Cl. Res.Vol.6 Issue 4; April , 2018: 262-266. <http://jmscr.igmpublication.org/home/index.php/archive/149-volume-06-issue-04-april-2018/4672-effective-ayurvedic-management-of-diffuse-axonal-injury-following-severe-head-injury-a-case-study>

- 19) *Effective Ayurvedic management of post amputation stump of Diabetic foot - A case study*- Indian Journal of Applied Research Vol.8, (7) 2018:58-60
<https://wwwjournals.com/index.php/ijar/article/view/5587>
- 20) *Recovery of post Thyroidectomy aphonia by Ayurvedic treatment- A case study*. International Journal of Scientific Research. Vol.7.(8) 2018:22-23
<https://wwwjournals.com/index.php/ijsr/article/view/9120>
- 21) *Ayurvedic Management of Chronic Inflammatory Demyelinating Polyneuropathy: A cases study*. J Med Sc. Cl. Res.Vol.7 Issue 3; March, 2019: 559-565. <https://dx.doi.org/10.18535/jmscr/v7i3.102>
- 22) *Successful Ayurvedic management of Duchenne Muscular Dystrophy: A case study with long term follow up*. J Med Sc. Cl. Res.Vol.8 Issue 4; April, 2020.218-222
DOI: <https://dx.doi.org/10.18535/jmscr/v8i4.42>
- 23) *Successful Ayurvedic Management of case of CKD stage 5 due to Chronic Pyelonephritis having advised Nephrectomy-A case study with long term follow up*. Indian Journal of Applied Research Vol.10, (5) 2020:1-3. DOI: **10.36106/ijar**
- 24) *Effective Ayurvedic Management of Polycythemia Vera-A case study*. Journal of Medical Science and Clinical Research Vol 8 Issue 5: May 2020:45-50. DOI: <https://dx.doi.org/10.18535/jmscr/v8i5.06>
- 25) *Successful Ayurvedic management of Crescentic form of IgA Nephropathy with concurrent Anti G.B.M. disease leading to ESRD-A case study*. European Journal of Pharmaceutical and Medical research. June 2020 Vol.7 781-786.
https://storage.googleapis.com/journal-uploads/ejpmr/article_issue/1590843286.pdf
- 26) *Impact of Raktabasti on severe Anemia and on reduction of Serum Creatinine level in CKD statge 5-A clinical trial*. European Journal of Pharmaceutical and Medical research. Aug 2020 Vol.7 Issue 8:671-676. https://storage.googleapis.com/journal-uploads/ejpmr/article_issue/1596618152.pdf
- 27) *Effective Ayurvedic management of non healing Post operative abdominal surgical wound- A case study*. EJPMR. 2021, 8(3),495-501.
https://storage.googleapis.com/journal-uploads/ejpmr/article_issue/1614422530.pdf

- 28) ***Successful Ayurvedic management of End Stage Liver Disease preventing Liver transplant-A case study.*** EJPMR. 2021, 8 (4):462-468.
https://storage.googleapis.com/journal-uploads/ejpmr/article_issue/1617175671.pdf
- 29) ***Successful Ayurvedic management of Progressive Cervical dystonia with spasmodic dysphonia-A case study.*** EJPMR. 2021,8(7):564-569.
https://storage.googleapis.com/journal-uploads/ejpmr/article_issue/1625220642.pdf
- 30) ***Successful Ayurvedic Management of Life Threatening Fournier's gangrene- A case study.*** Journal of Medical Science and Clinical research. 2021. Vol 9 (7): 184-190
DOI: <https://dx.doi.org/10.18535/jmscr/v9i7.31>
- 31) ***Effective Ayurvedic Management of Acute Motor Axonal Neuropathy: A case Study.*** European Journal of Pharmaceutical and Medical research. Oct 2021 Vol.8 (10) 471-474 https://www.ejpmr.com/home/abstract_id/8942
- 32) ***Successful Ayurvedic management of Psoriasis: A case series.*** Journal of Medical Science and Clinical research. 2022. Vol 10 (2): 136-142.
DOI: <https://dx.doi.org/10.18535/jmscr/v10i2.25>
- 33) ***Successful Ayurvedic management of severe Autosomal recessive congenital ichthyosis - a case study.*** European Journal of Pharmaceutical and Medical research. Aug 2022 Vol.9(8) :509-512
- 34) ***A Comparative clinical trial on Trophic ulcers of Leprosy: Ayurvedic management was promising!*** Journal of Medical Science and Clinical research. 2022. Vol 10 (8):57-64. <https://dx.doi.org/10.18535/jmscr/v10i8.11>
- 35) ***Successful Ayurvedic Management of Complete blindness due to Congenital Bilateral visual tract dysfunction-A case study.*** European Journal of Pharmaceutical and Medical Research Vol 9 (9):Sep 2022:338-342.
- 36) ***Effective Ayurvedic treatment of ASD-VSD with Pulmonary hypertension-A case report with long term follow up.*** European Journal of Pharmaceutical and Medical research. Sep 2022 Vol.9 (1) :454-456
- 37) ***Successful Ayurvedic management of Cancer Prostate with metastases with CKD stage 4- A case report with 3 year follow up.*** Journal of Medical Science and Clinical research. 2022. Vol 10 (10):38-42

- 38) **Successful Ayurvedic management of Chronic Kidney Disease Stage 5 (ESRD)with Chronic cystitis due to severe stricture urethra with severe Anemia- A case report.**
European Journal of Pharmaceutical and Medical research. Nov 2022 Vol.9 (11) :509-512
- 39) **Successful Ayurvedic management of Bilateral Breast abscess with mental depression.** *European Journal of Pharmaceutical and Medical Research* Vol Dec 2022 Vol.9 (12) :337-340.
- 40) **Successful Ayurvedic management of Steroid resistant Nephrotic syndrome-A case study.** *Journal of Medical Science and Clinical research.* 2023. Vol 11 (10):25-32
- 41) **Successful Ayurvedic management of Steroid sensitive Nephrotic syndrome-A case report.** *European Journal of Pharmaceutical and Medical Research* Vol Dec 2022 Vol.10 (11) :447-452.
- 42) **Successful Ayurvedic management of Primary infertility with multiple failures of IVF-A case report.** *European Journal of Pharmaceutical and Medical Research* Vol April 2024 Vol.11(4), 401-405.
- 43) **Written Chapter** titled as "**Health systems research: AYUSH**" along with Dr. R.K.Mutatkar, Dr. Kalpana Mutatkar in book "**Ayush in Public Health- Vol.2**", ISBN-9789351252306 Ist Ed. published by Concept Publishing Company Pvt. Ltd., New Delhi-110059. (2016):287-341
- 44) **Written book** titled as '**Chronic Renal Failure and Ayurved**'. First edition. Oct 2020. Publishers- Manakarnika publication, Pune: ISBN No. 978-81-942558-6-4
- 45) **Written book** titled as '**Anubhav Sarita**' First edition. June 2023. Publishers- Manakarnika publication, Pune: ISBN No. 978-81-949589-1-8

Papers presented:-

1. **Effect of Ayurvedic treatment on Trophic ulcers in Leprosy - A Comparative Clinical trial** presented in 2nd World Ayurveda Congress held at Pune University, Pune on 10-12 Nov, 2006

2. *Role of Uttarbasti in various Mutravahstrotas-dusti presented in International Ayurved conference* held at Maharashtra Chambers of Commerce hall, Pune on 23 April 2012.
3. *Role of Ayurvedic treatment in the management of Prostate enlargement* presented in **International Ayurved conference** held at Maharashtra Chambers of Commerce hall, Pune on 9th March, 2014
4. *Ayurvedic management of Extensive Post operative Infected wound-A case series* presented in 44th Annual conference organized by research society of B.J. Medical College, Pune on 21Feb 2018.
5. "*Aetiology of Chronic Renal Failure /CKD in Ayurvedic perspective*" Presented paper in 8th World Ayurveda Congress, Ahmedabad on 14th Dec 2018.

Awards & Felicitations –

- **Vikas Ratna Award** awarded by International Integration & Growth Society, New Delhi on 23 June,2000.
- **Indira Gandhi Sadbhavna Award** awarded by Global Economic Council, in Bangalore on 19 Nov, 2000
- Awarded **Sanmanpatra by Satya Shodhak Vichar Manch, Nanded** during Phule- Ambedkar Festival- 2001 on 26th May, 2001
- **Maharashtra Social Welfare Advisory Board nominated me as State Member of Family Counseling & Guidance Committee for the year 2001-2002.**
- Awarded **Sanmanpatra by Dabar India Ltd, New Delhi** for Exceptional & Outstanding contribution in **Ayurveda for the common people on 1st July, 2008**
- **Received state level ‘Samaj Ratna’ award** by Pragati Mahila Samajik Shaikshanik Santha, Nashik on 2/9/2016.
- Awarded prestigious Pandurang Hari **Gold medal for Ayurvedic research (Ph.D. level)** at the 8th International Ayurveda Day Conference, Pune, India by **International Ayurveda Association** on 6th August, 2017.

- Awarded **best poster award** of the conference and **Dr.Ajit Gokhale prize** on **Ayurvedic management of various types of complicated infected wounds: A case series** in 44th Annual conference organized by research society of **B.J. Medical College, Pune** w.e.f.21-23 Feb 2018.
- Awarded **Dr. Sunanda and Dr. Subhash Ranade Pratisthan award** for best research article published in Srujan Chikitsa, Vol. 15 (86), Mar-Apr 2019: 11-13.
- Awarded the coveted **M.V. Kolhatkar prize in Ayurved research felicitated by Vaidya Khadiwale Vaidyak Sanshodhan Santha, Pune** on 22 Dec 2019.
- **Certificate of Appreciation** was awarded by Ayush Darpan Foundation, Dehradun (Uttarakhand) on Women's day, 8th March 2021.
- **Certificate of Appreciation** was awarded as Successful Doctor of Ayurveda by Dr. Vasishth's Ayu Remedies, Ahmedabad (Gujarat) for offering **Excellent Clinical, Administrative, Academic & Research Services for promotion, Propagation & Practice of Ayurveda** on 14th April, 2021.
- **Sahyadri Doordarshan (T.V.) channel telecasted** special episode in '**Janata Darbar**' on my remarkable work along with interview of various satisfied/cured patients like one serious **Hepatitis B patient** referred by Medicine department fully recovered by Ayurvedic line of treatment, Clinical trial on **Trophic ulcers in Leprosy cured by Ayurvedic treatment**, Severe systemic fungal infection with foul smell fully cured, Psoriasis recovered, CRF etc were telecasted on **15/10/2012**, <https://m.youtube.com/watch?v=sBidOe3qSF8>
- **Sahyadri Doordarshan (T.V.) channel telecasted** a special episode in '**Janata Darbar**' on my remarkable work along with interview of various satisfied/cured patients e.g. **Severe Paediatric open head Head Injury successfully managed, CRF patients who were on Dialysis maintained without Dialysis, Impending Gangrene successfully treated etc.** telecasted on **14/11/2014**. <https://youtu.be/com/L5ZhhKDqjWY>
- **Sahyadri Doordarshan (T.V.) channel telecasted** a special episode in '**Janata Darbar**' on the remarkable work along with interview of various satisfied/cured

patients e.g. on **Infected wound of Caesarian section 7 times debridement done but without result, completely cured without antibiotics by Ayurvedic line of treatment, Post operated Head injury paralysis, Post traumatic loss of vision in 7 year old boy restored vision** telecasted on 1/06/2015.
<https://youtube.com/watch?v=JphN1LvTGlg&t=158s>

- **Sahyadri Doordarshan (T.V.) channel telecasted a special episode in 'Janata Darbar' on the remarkable work along with interview of various satisfied/cured patients e.g. Infected wound of Rt leg in a 40 years old H.I.V. patient who was asked to undergo amputation, went home walking on legs, Infertility case in a Bicornuate uterus with H/o 5 abortions in 4 years successfully delivered baby boy by Ayurvedic line of treatment in first attempt, Cervical dystonia, Parry Rhomberg syndrome** telecasted on 30/11/2015. **Link:**
https://youtu.be/1E4lq4o_shw
- **Sahyadri Doordarshan (T.V.) channel telecasted a special episode in 'Janata Darbar' on first Ayurved day with interview of Union State Minister AYUSH Shri. Shripadjee Naik & me as an expert, on Diabetes in Ayurvedic perspective,** on 30 Oct 2016. :
<https://m.youtube.com/watch?v=llqyilx6uRA&t=871s>
- **All India Radio, Pune broadcasted my interview (25 min) on Diabetes in Ayurvedic perspective on World Diabetes Day on 15th Nov 2016.**
- **I have successfully treated cases like Chronic Renal Failure/ ESRD, Psoriasis, Urethral stricture, Prostate enlargement, Infertility, Infected wounds, impending gangrene, Cervical dystonia, Allergic skin disorders, Polycythemia vera, Duchenne Muscular Dystrophy, Trigeminal neuralgia etc.**
- **When there is a mass campaign launched for Organ donation by the Govt., I am striving hard to save organs like Kidney (Kidney failure) , Foot & Hand which were advised for Amputation.**

Other Notable Activities:

- Participated in 1st National Seminar on Ayurveda, Yoga, Unani & Siddha Systems of Medicine held at Nanded on 9-10 Sep, 2006
- Participated in 2nd World Ayurveda Congress held at Pune University on 10-12 Nov, 2006
- Conducted examination as External Examiner for 3rd B.A.M.S. in the year 1996 for Obstetrics & Gynaec subjects at Govt. Ayurvedic College, Nanded.
- Participated as a '**Guest Speaker**' in **PhD reorientation Program** organized by Tilak Maharashtra Vidyapeeth, Pune in 2009.
- Participated as a **Guest Speaker** in **10th International conference on Evidence based Ayurved focus on Mutravahastrotas :The Urinary system** held at Pune on 19 Dec. 2010 conducted by Institute of Indian Medicine (Ayurvedic Academy).
- Conducted research study in association with Centre : AYUSH in Public Health – The Maharashtra Association of Anthropological Science (MAAS) on "**Situation Analysis of AYUSH in Public Health System**" as a **Chief Investigator** in the year 2012.
- Participated as **Chief Guest at Valedictory function** of C.M.E. programme in Sanhita Siddhant sponsored by Deptt of AYUSH, Ministry of Health & Family Welfare, Govt. of India in P.D.E.A's, College of Ayurved & Research Centre, Akurdi on 24.03.2012.
- Conducted **Ayurvedic P.G. CET** as **Chief conductor** for 3 consecutive years from 2010-12.
- Participated as **Guest of Honour** on the Annual day Prize Distribution function at Z.V.M. Unani Medical College & Hospital, Pune on 29th June 2013.
- Participated as **Resource Person** in the In-service Education Programme for Nursing Staff organized by Matron & faculty of Nursing, B.J. Medical College & Sassoon General Hospital, Pune on 24/07/2014 and 23/09/2014
- **Member of Editorial board of E- journal-Rasamruta**

- **Member of Editorial board of European Journal of Pharmaceutical and Medical Research.**
- Addressed National Seminar in Pune on "**Management of Renal disorders,**" organized by Maha Ayurved Research & Medical Association (MARMA) as **Guest speaker** on 22 Jan, 2017
- **Delivered lectures** to AYUSH Medical Officers of Aurangabad, Pune, Thane & Nashik division on "Success stories in Ayurved" from 5th March to 9th March 2017.
- **Invited as a resource person** for preparing **draft protocol of Diabetic nephropathy by All India Institute of Ayurveda, New Delhi** during 15 March to 18 March 2017 and contributed substantially in making the Standardized Protocol of Diabetic Nephropathy. **Co-chaired session** on Diabetic retinopathy on 17.3.2017.
- **Delivered lecture** to teachers, P.G. students, undergraduate students on Success stories in Ayurved in Govt.Ayurvedic College, Osmanabad on 24 Aug 2017.
- Participated as **expert in Ayurved** in Jignyasa-darshan- 2017, National Seminar and Brainstorming on reforms in Ayurveda Education & Training held at Gandhi Bhavan, Bangalore on 21-22 Sep 2017.
- Addressed National conference on Manasrog as **Keynote speaker** on 24.12.2017 at Tilak Ayurved Mahavidyalaya, Pune.
- Participated in 44th Annual conference organized by Research Society of B.J. Medical College, Pune w.e.f.21-23 Feb 2018.
- Addressed 20th Annual Conference organized by Indian Society of Wound management as **Guest speaker** on topic " Ayurvedic management of Infected and complicated wounds-A case series on 17th March 2018 at S.D.M. Ayurvedic College, Hassan (Karnataka).
- **Delivered lecture** to AYUSH P.G. Medical Officers on **Uttarbasti** on 19 Feb 2018 at HFWTC, Pune.

- **Delivered lecture** to AYUSH P.G. Medical Officer on "Success stories in Ayurved" on 19 March 2018 at HFWTC, Pune.
- **Special Secretary, Ministry of AYUSH, Govt of India, Vaidya Rajesh Kotechaji** visited Ayurvedic 20 Bedded research ward, Sassoon General Hospital on 2/7/2018 and **highly appreciated the research work and congratulated the whole team for their excellent work.**
- **Delivered lecture** to postgraduate students and faculties of Tilak Ayurved College, Pune on "**Main streaming of AYUSH in Public Health**" and "**Success stories in Ayurveda**" on 3rd Ayurveda day dated 5/11/2018.
- **Delivered lecture** to Ayurved practitioners of **Ayurved Vyaspeeth, Karad** on "**Success stories in Ayurveda**" on 17th Jan, 2019.
- **Delivered 4 hour lecture in two sessions** to Ayurved practitioners of **Ayurved Vyaspeeth, Nanded** on "**Success stories in Ayurveda**" and "**Management of Acute and Chronic renal Failure**", on 31st March, 2019.
- Addressed lecture to teachers and students of Ayurved College, Udgir on "Success stories in Ayurved" on 11.3.2020.
- Addressed Vaidyas during **Charak Sanhita Adhyayan Adhyapan Tadvid Sambhasha**-the unique lecture series by 20 eminent Guruvaryas from all over India on 27.8.2020 and 3.9.2020 on "Success stories in Ayurved."
- Attended an Ayurvedic diagnostic camp at Waghapur, Tal. Purandhar Dist Pune organized by Manakarnika on 1.11.2020 and examined & treated many challenging cases.
- Addressed Vaidyas on online Lecture on 'Miracles of Ayurved' on 5.1.2021 organized by Ayush Darpan.
- Participated and addressed Vishwa Ayurved Parishad, Dehradun (Uttarakhand) from 1-4 June 2022. Delivered lecture on Success stories in Ayurved as resource person on 3rd June 2022.

- My book "**Chronic Renal Failure and Ayurved**", was formally inaugurated by Dr. Anant Dharmadhikari sir on 1st June 2022 at Charak danda (Uttarakhand), the birthplace of Charakacharya.
- **Delivered lecture** on 'Ayurvedic concepts of Kidney diseases', at All India Institute of Ayurved, New Delhi on 21 Dec 2022.
- **Delivered online lecture** on 'Chronic Renal Failure' at All India Institute of Ayurved, New Delhi on 22 Dec 2022
- Book release ceremony of book '**Anubhav-Sarita**' was held at Tilak Ayurved College, Pune by distinguished teacher, Vaidya Anant Dharmadhikari, Ex Ayurved Director, Maharashtra state and Shri Ratnakar Gaikwad, Ex Chief Secretary, Govt. of Maharashtra, on 5th August, 2023. President of Rashtriya Shikshan Mandal, Vaidya D.P.Puranik was the President of the program and Vaidya Saroj Patil, Principal, Tilak Ayurved College was distinguished guest.
- **Delivered two lectures**-Chronic Renal Failure and management with Ayurvedic medicines, and Success stories in Ayurved, during Training Program in Pharmacovegelance as resource person at Institute of Teaching and Research in Ayurveda, Jamnagar (Gujarat) (Institute of National importance), (Ministry of AYUSH, Govt. of India) on 11-12 March, 2024.
- **Delivered two lectures** on Vrukka vikar-Gambhir Awastha va Chikitsa vichar under Vrukkaayurved-Vrukka vyadhi vishesh to Ayurvedic graduates at Krishi Vidnyan kendra, Baramati Dist Pune organized by Dnyan Sankul Vidyarathi Sangh Sanchlit Vaidya Harish Patankar Prachin Sanhita, Gurukul on 30 April 2024.
- **Delivered lecture on** 'Success stories in Ayurved' on 18.8.2024 for Ayurvedic practitioners, teachers and students organised by Ayurved Vyas-peeth, Pune at Dnanvantari auditorium, Patawardhan bag, Pune.

Dr. Sarita Pradip Gaikwad,
M.D., Ph.D.